

International course

# HIV and food and nutrition security



## Mitigating the effects of the epidemic through a life-cycle approach

Wageningen, The Netherlands, September 18 – 06 October 2017

The latest data from UNAIDS, released on World AIDS day 2016, show that huge progress has been made towards ending the AIDS epidemic by 2030, as part of the Sustainable Development Goals. Despite this progress, still 2.1 million people got newly infected in 2015, globally.

When a person is diagnosed with HIV it is important to facilitate immediate access to treatment for the sake of their own health and to prevent spread of the infection. A comprehensive set of services "*care and support*" needs to be provided. These services include nutritional support among others. Nutritional assessment, counselling and support will only have an optimal impact when there is sufficient and nutritious foods available, thus when the HIV positive person is food and nutrition secure.

Food and nutrition insecurity undermines not only the adherence to anti-retroviral therapy, but it can also reduce the productivity and working capacity of people living with HIV sending them in a downwards spiral of malnutrition and ill-health.

### HIV as a cause of food and nutrition insecurity

Particularly communities depending on agriculture for their livelihoods have been greatly affected by the epidemic, given the implications of reduced labour power, amongst others, compromising the ability of affected individuals, households and communities to feed themselves. The response to the AIDS epidemic needs to be holistic, multi-sectorial, and grounded in the three fundamental principles: prevention, care and treatment.

Fee:	3,900 Euro
Deadline subscription:	14 August 2017
Deadline NFP/MENA fellowships:	<b>21 March 2017</b>



**This course** focusses on the interrelationship between food, nutrition security and HIV using a life-cycle approach. It discusses the actions that can be taken to provide nutrition security to people living with HIV, their families and communities. The objective of this course are to:

- have insight into the medical aspects of HIV, AIDS and their relation to nutritional status;
- understand the interrelation between food and nutrition security and HIV;
- have strengthened your competence to design a program to address HIV and food and nutrition security for everyone at every stage of life;
- have clear ideas on how to lobby/advocate to integrate HIV in policies and programmes.

**We invite professionals** with a BSc (as a minimum) or its equivalent in the field of food and nutrition, food science, home economics, agriculture, medicine or a related field of study who are proficient in English. You are working at least 3 years for a governmental or local non-governmental organisation at national or sub-national level in the area of HIV and AIDS and food and nutrition security in the following positions:

- policy and planning staff with responsibility for promoting community and household food and nutrition security for PLWH within different sectors (agriculture, education, health, community development, local government, planning, etc.);
- staff working at management and co-ordination level in the planning, management and implementation of community food security and nutrition programmes or rural development programmes with a HIV/AIDS component;
- Staff working in action-oriented research, advisory and teaching positions directly relevant to HIV/AIDS and food and nutrition security.

## Develop insights & work on your cases

The course is highly interactive, building on the participant's own experiences and cases. As a participant you will take home: tangible results for your cases and new in-depth insights to address food and nutrition security issues throughout the life-cycle.

Central in **the course programme** is how one can design interventions for each stage of the life cycle to mitigate the effects of HIV on food and nutrition security. The course addresses the following topics:

- situation analysis of PLWH;
- stakeholder's roles;
- nutritional care and support for PLWH;
- how to lobby/advocate to integrate HIV in policies and programs;
- how to design an intervention to improve the food and nutrition security of PLWH throughout the life cycle.



## Further practical information

- **Application**, the procedure is:
  - 1) Apply at the website of Wageningen Centre for Development Innovation:** [www.wur.eu/cdi](http://www.wur.eu/cdi). You will receive a confirmation and more information within a week. Early application is recommended as some procedures to finalise subscription (f.e. funding, visa) can take some time.
  - 2) CDI** is unable to assist you in obtaining financial support, however if you want to apply for a **NFP/MENA Fellowship**, CDI will provide you with the full instructions and the web address for registration in **ATLAS**. ATLAS is the online application form for an NFP / MENA Fellowship. You can check the eligibility at [www.nuffic.nl/nfp](http://www.nuffic.nl/nfp) or [www.nuffic.nl/mena](http://www.nuffic.nl/mena). A limited number of scholarships is available. As this application process takes time and requires several documents, we recommend that you **start as soon as possible**.
- **Accommodation:** Hof van Wageningen, Wageningen, The Netherlands. For prices, see the cost estimate on our website. **NFP / MENA Fellowships include** travel and full board and lodging.
- **Fee** includes all course related costs (materials, excursions, administration).
- Participants will be awarded with a **Certificate of attendance**. The programme of the course might be changed to incorporate new insights.

Joining one of our courses will expand your horizon, both in a social and scientific way. You can share experience and knowledge with others working in similar fields, get up-to-date in current scientific insights methodologies and practices, and become part of our 20.000 strong alumni network.