## HNE thesis rings



Students connect and help each other



Improve performance together



It is not a battle or a fight!





# (Get) help (from) your fellow students to develop/improve writing skills

Based on the concept developed by Nematology and other chair groups

Each chair group has one or more thesis rings:

- 1: Sensory Science (SSEB)
- 2: Nutrition and Disease (NAD)
- 3: Nutrition and Health over the Lifecourse (NHL)
- 4: Nutrition, Metabolism and Genomics (NMG)
- 5: Nutrition and Pharmacology (N&P) (only for labwork)



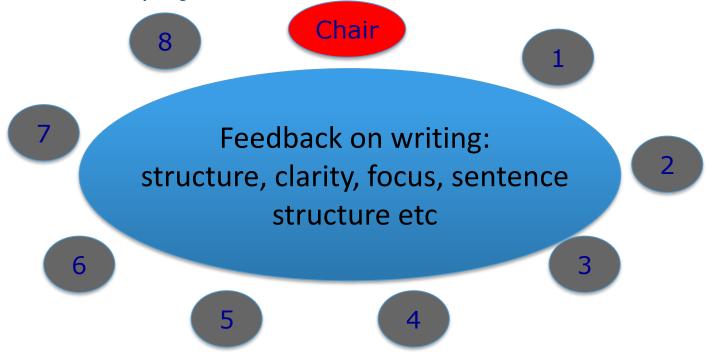
## The thesis ring

#### **Students:**

- 8-10 in total
- A continuous group
- From different phases in their thesis project

#### **Staff member:**

- Chairs the meeting
- Will not read the documents
- Changes every study period





## Organisation

- One session every week (1hr)
- 2 student contributions will be discussed
- Proposal-1 or 2
- Thesis report 3, 4 or 5
- The documents have to be handed in (on BB) 72 hrs (3 days) prior to the meeting
- All students read both documents prior to the meeting (Preparation time ~1-2hrs)
- During the meeting students will give constructive feedback to each other (according to the guidelines)



## What can it bring you

- Feedback on your own documents before you hand them in to your supervisor
- Learn from your fellow students: this will help you to improve your own documents
- Students in a ring better stick to the time schedule (Nematology experience)
- Broader view on nutritional field by reading results from other studies from chair group.



#### What does it take

- Meeting 1 hr every week
- 1 (max 2) hrs preparation time
- On a voluntary basis, but:
- Full commitment is expected!!
  - Sign up: Hand in documents (via BB)
  - Read documents in advance
  - Be present
  - Give positive and constructive feedback

## Registration

- If you are interested please send an e-mail to the contact person of your chair group:
  - Sensory Science and Eating Behaviour dr. Gerry Jager
  - Nutrition and Disease dr. Cora Busstra
  - Nutrition and Health over the Lifecourse dr. Ondine van de Rest
  - Nutrition, Metabolism and Genomics chair at that moment
  - Nutrition and Pharmacology dr. Klaske van Norren
- Please mention in your email:
  - Your name
  - Name(s) of your thesis supervisors
  - Start- and (planned) end date of your thesis
  - Your short login name



## Next steps

- You will get a message once you are enrolled in BB (note that there may be waiting list)
- Study the detailed instructions on BB
- Sign up for review
- Submit document for review (72h prior to the meeting)
- Read document (download from BB)
- Be present: give/receive feedback

Be welcome!

See you in the thesis ring!

