



NEWTRITION

Human Nutrition and Health

APRIL 2025



GRANTS - CALL FOR PROPOSALS

Asrullah Muhammad/Alida Melse received 25 k€ from the Nutricia Foundation for a 3rd round of data collection in the Indonesian Adolescent Nutrition and Mental Health Study (INHES), Yogyakarta, Indonesia

GRANTS - CALL FOR PROPOSALS

SEMINARS - WORKSHOPS - PRESENTATIONS

PUBLICATIONS

HNH (PEOPLE) IN THE MEDIA - NEWS

NEW FACES - ROLE CHANGES IN THE DEPARTEMENT

ANNOUNCEMENTS - HIGHLIGHTS

CALENDAR - UPCOMING EVENTS - PHD DEFENSE

SEMINARS - WORKSHOPS - PRESENTATIONS

- **Sander Biesbroek, Leandra Oerter en Alida Melse** visit on 5-7 March the 2nd Annual Meeting 'Zero Hidden Hunger – EU' project, Lyon, France
- **Marian de van der Schueren** was spreker bij het Nationaal Obesitas Congres op 7 maart over Sarcopene obesitas in de praktijk: diagnostiek en behandeling (Dutch only)
- **Ciarán Forde** was invited speaker at the UK Bakery Forum 2025, Leeds, UK 20th March 2025 '*Processing the Evidence; Challenging the Mechanistic Assumptions with Ultra-processed foods*'.
- This month the Global Research Initiative on Post ICU nutrition GRIP was founded in Bruges Belgium (21-23 March 2025). **Elisabeth De Waele** is the Chair and **Arthur van Zanten** Vice Chair. We discussed on aims, definitions, research plans, education and implementation plans, patient and family Engagement and Many more topics. Imre Kouw and Noortje Overwater are involved.
- **Edith Feskens** on March 27 Copa Cogeca and our Working party on Quality, Invitation for an exchange with our members, farmers and agri-cooperatives organisations, on what a healthy and sustainable diet is in Brussels.
- From Raw to Ultra-Processed Foods and the Impact on Health: **Ciarán Forde**, 'Is there evidence of a unique effect of Ultra-Processed Foods on Eating Behaviour, Satiety or Metabolic Health?' Invited speaker at UCPH FOOD DAY 2025: Copenhagen, March 27th, 2025.
<https://science.ku.dk/english/calendar/foodday-2025/>
- **Ciarán Forde** invited speaker at the Ziel Institute for Food and Health, TUM, Munich Germany, 9-10th of April 2025. "Sensory Perception, Eating Behaviours and Energy intake from (Ultra)-processed foods".
- **Ellen Kampman**, will attend to the webinar "Nutrition & Cancer: from prevention -through treatment- to prognosis" on the 28th of April.
- Op 14 mei 2025 **Ellen Kampman en Sander Biesbroek** op het symposium ter ere van het 40 jarig jubileum van de LWDO voor diëtisten en andere geïnteresseerden. (Dutch only)

PUBLICATIONS

- Coffee consumption and mortality in colorectal cancer patients: Does the co-existence of cardiometabolic disease matter? Oyelere AM, Verstraete FF, Kok DE, Bos D, Gunter MJ, de Wilt JHW, Keski-Rahkonen P, van Duijnhoven FJB, Kampman E. *Clin Nutr ESPEN*. 2025 Mar 6:67:62-70. doi: [10.1016/j.clnesp.2025.02.025](https://doi.org/10.1016/j.clnesp.2025.02.025). Online ahead of print.
- Last publication thesis Carina: Mueller, C., Mars, M., Zeinstra, G. G., Perenboom, C., Forde, C. G., & Jager, G. (2025). Sowing the seeds of taste? A novel approach to investigate the impact of early sweet exposure on children's dietary taste patterns from 12 to 36 months. *The Journal of Nutrition*. <https://doi.org/10.1016/j.tjnut.2025.03.017>
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- Dietary patterns derived using reduced rank regression in postmenopausal women and risk of mortality: A population-based study. Amiri M, Raeisi-Dehkordi H, Steur M, Grisotto G, Rivadeneira F, Ikram MK, Kavousi M, Muka T, Voortman T. *Maturitas*. 2025 Mar 7:196:108234. doi: [10.1016/j.maturitas.2025.108234](https://doi.org/10.1016/j.maturitas.2025.108234). Online ahead of print.
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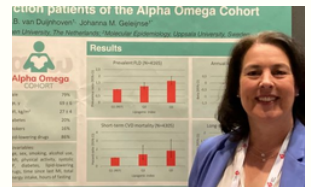
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- [Environmental factors affecting the BMI of older adults in the Philippines spatially assessed using machine learning](#) Mendoza, D.K.; Araza, A.B.; Groot, L.D.; Mensink, M.; Tan, R.C. (2025) *Heliyon* 11 (1).
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PUBLICATIONS

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- Energy and protein nutrition adequacy in general wards among intensive care unit survivors : A systematic review and meta-analysis Rosseel, Zenzi; Cortoos, Pieter Jan; Leemans, Lynn; Zanten, Arthur R.H. van; Ligneel, Claudine; Waele, Elisabeth De (2025) Journal of Parenteral and Enteral Nutrition 49 (1). - p. 18 - 32.
- Dietary Food Record Charts and digital photography effectively estimate hospital meal consumption Schumacker, Clémence; Séverine Marie; Paulus, Michelle Carmen; Boelens, Yente Florine Niké; Zanten, Arthur Raymond Hubert van; Kouw, Imre Willemijn Kehinde (2025) Clinical Nutrition ESPEN 66 . - p. 115 - 120.
- Diet, lifestyle and telomere length: using Copula Graphical Models on NHANES data Tedaldi, Angelo M.; Behrouzi, Pariya; Grootswagers, Pol (2025) Aging-US 17 . - 28 p.
- In vitro cellular model systems provide a promising alternative to animal experiments for studying the intestine-organ axis Vitale, Alessandra; Muis, Cristiana De; Bimonte, Marida; Rubert, Josep; Fogliano, Vincenzo (2025) Critical Reviews in Biotechnology . - 18 p.
- A Well-Balanced Vegan Diet Does not Compromise Daily Mixed Muscle Protein Synthesis Rates when Compared with an Omnivorous Diet in Active Older Adults: A Randomized Controlled Cross-Over Trial Domić, Jacintha; Pinckaers, Philippe J.M.; Grootswagers, Pol; Siebelink, Els; Gerdessen, Johanna C.; van Loon, Luc J.C.; de Groot, Lisette C.P.G.M. (2024) The Journal of Nutrition
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HNH (PEOPLE) IN THE MEDIA - NEWS

- **Sanne Boesveldt** werd geïnterviewd voor NPO Radio 1, Spraakmakers, over het belang van reuk en smaak voor plezier in eten (en of het anders smaakt als er voor je gekookt wordt).
- In het kader van Anosmia Awareness Day (27 Maart), werd **Sanne Boesveldt** geïnterviewd voor NPO Radio 1 VillaVdB, over de podcast van Christel Jansen: Reuk het ondergeschoven kindje van de zintuigen.
- Prof. Dr Ir. **Edith Feskens** Appointed New Dean of Research.
- Sander Biesbroek in Groene Gids van de Trouw
- Dr Anna Herforth/WUR quoted in the New York Times
- **Marianne Geleijnse** of the Wageningen University & Research in the Netherlands has won an American Heart Association 2025 Paul Dudley White International Scholar Award.
- Accreditation of the Epidemiology program by the Association for Epidemiology.
- Marian de van der Schueren Podcast on OvergewichtTV Niks aan je te zien, maar toch spierverslies - Overgewicht.tv (Dutch)
- Vaping rates in e-cigarettes users decreased by more than 20% due to the flavour ban, affecting both youth and adults alike. With Ina M. Hellmich, PhD candidate, and Reinskje Talhout
- In two interviews - in *Financieele Dagblad* and *AVROTROS Radar* - Dr. Pol Grootswagers explained why protein-fortified foods are largely unnecessary for most healthy adults. A balanced diet already supplies sufficient protein to maintain muscle mass and overall health, making specialty protein bars and shakes redundant for the average person



NEW FACES - ROLE CHANGES IN THE DEPARTEMENT

Prof. Inge Brouwer - Global Nutrition

accepted the position as Interim Director for the CGIAR Science program Better Diets and Nutrition, and will now divide her time between WUR (30% fte) and IFPRI (70%fte).



Inge Brouwer

Tsitsi Chimhashu - Global Nutrition

will continue as a 0.8 FTE postdoctoral researcher, focusing on vitamin A research



Tsitsi Chimhashu

Jacintha Domic - Nutritional Biology

Most of you have probably seen me around, but my name is Jacintha. This February I handed in my PhD thesis titled: "The Anabolic Properties of a Vegan Diet Later in Life". While my defense is still ahead, I am happy to share that I have already started as a postdoctoral researcher this week. During my postdoc I will remain working within Nutritional Biology, together with my former PhD supervisors (Lisette and Pol). My main focus will for now remain on the effects of diet on skeletal muscle in older adults, and I will be working with data collected during the VOILA and Vold research trials. I look forward to another year at HNH!



Jacintha Domic

ANNOUNCEMENTS - HIGHLIGHTS

The closure of the Helix building in the beginning of May has been postponed

In the last two weeks of March we welcomed 63 participants of the Wageningen Student Cohort for their follow-up measurements. This group started September 2024 and will be followed for at least a year. Together with the 2023-cohort we now have data of almost 150 bachelor students. A big thanks to everyone who helped during these days!

Chris Vogliano, was selected as a research fellow for The New Institute's upcoming two-month [Future of Food, Power, and Biodiversity program](#) in Hamburg, Germany. He will contribute expertise on integrating underutilized and biodiverse foods into nutrition policies, culminating in a chapter for an upcoming global report.

We are looking back at a wonderful St. Patrick's Day lunch: On the 17th of March you could enjoy a St. Patrick's Day lunch provided by Ciarán, Els, Marieke, Merel, Keeva, Lise, Abisola, Lieke and Nienke. After some stress with late delivery of vegetables and gas problems, we managed to give you a typical Irish meal. We hope you enjoyed the food (and the Guinness), music, decorations, and the company.



CALENDER - UPCOMING EVENTS - PHD DEFENSE

- APRIL**
- 23-04 PhD defense Mamadou Bah
Iron supplementation strategies in Gambian infants
- 24-04 The first Dutch Nutritional Immunology Conference (DNIC) will be organized in Wageningen on April 24th. Registration is still open at <https://dnic.sites.uu.nl/registration/>.
- MAY**
- 28-05 PhD defense Samantha Heerschop
Feasible solutions for sustainable diets with adequate protein intake
Modelling diets for the Netherlands and Europe
- JUNE**
- 04-06 Levenslange vitaliteit: van onderzoek naar realiteit, Dagvoorzitter: dr. ir. **Pol Grootswagers**
- 06 & 07 ILSI: Nutrition for the Ageing Brain symposium, Crete (Greece).
- 16-06 PhD defense Esthika Dewiasty
- 19-06 PhD defense Luc Heerkens
Liver and kidney health in cardiovascular patients
Epidemiological studies on biological pathways and the role of nutrition
- 19-06 WEDay
- 20-06 **Sports conference Arnhem**
- 26-06 HNH Barbecue
- 26-06 PhD defense Jacintha Domic
The anabolic properties of a vegan diet later in life
- 30-06 PhD defense Iris van Damme
Taking dietary guidelines to heart
Improving diet quality in the management of cardiovascular disease and diabetes
- SEPTEMBER**
- 13-16 ESPEN: European Society of Clinical Nutrition and Metabolism, Prague
- OCTOBER**
- 09-10 HNH Division Day
- 10-10 Expression of interest INFOGEST Imaging Working Group Workshop:
<https://forms.office.com/e/kuQuJMWn3x>
- NOVEMBER**
- 17 -11 Cursusdag Voeding en Hersenveroudering: Cursusleider: dr. Yannick Vermeiren

April 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 APRIL FOOL'S DAY	2	3 12:30-13:30 PhD postdoc at the Impulse bridge	4	5	6
7 09:00 Research MMM 1038 Helix	8 12:00 Teachers Lunch	9	10	11	12	13
14 09:00 Education MMM 1038 Helix	15	16	17 whole day: Easter surprise for PhDs	18 Good Friday (day off)	19	20 Happy easter
21 Easter Monday (day off)	22 12:00 Easter Lunch	23 15:30 Omnia PhD Defense Mamadou Bah GN	24	25	26 KROON	27
28	29	30				

