



NEWTRITION

Human Nutrition and Health

MARCH 2025



GRANTS - CALL FOR PROPOSALS

- "Tailored Lifestyle: An Integrated Data-Driven Approach to Lifestyle and Living Environment." [Deadline for pre-proposals: March 31, 2025](#)

GRANTS - CALL FOR PROPOSALS

SEMINARS - WORKSHOPS - PRESENTATIONS

PUBLICATIONS

HNH (PEOPLE) IN THE MEDIA - NEWS

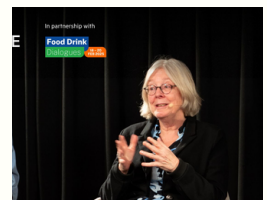
NEW FACES - ROLE CHANGES IN THE DEPARTEMENT

CALENDAR - UPCOMING EVENTS - PHD DEFENSE

ANNOUNCEMENTS - HIGHLIGHTS

SEMINARS - WORKSHOPS - PRESENTATIONS

- The Division of Human Nutrition and Health came together on the 4th of February to celebrate our science and share our latest findings on the topic 'Blood and Guts' - the role of Gut Health and Metabolic measures in Nutrition Research'.
- Presentation by Victoire de Wild ' Voeding en kinderen: Hoe doe je dat?' for the 'Periodieke conferenties Kindergeneeskunde 2024/2025 on the topic Lifestyle in pediatrics from science to practice (20 January 2025, Radboudumc Amalia kindziekenhuis Nijmegen Programme content conference 20 jan 2025
- Keynote presentation by **Liesbeth Zandstra** 'Multisensorisch nudgen: De sleutel tot duurzaam eetgedrag?' at the 'Nudge van het Jaar' Event on multisensory nudging of sustainable food choice behaviours (6 February 2025, Amsterdam): 1. Behaviour Club; 2. Personal LinkedIn.
- Symposium on the Impact of Malnutrition on Functional Recovery in Elderly Hip Fracture Patients. By **Inge Groenendijk**, **Emma Treijtel**, and **Hugo Wijnen**.
- Presentation by **Desiree Lucassen**: Tuesday Feb 25th at 10:00 Desiree will be presenting in the NuGo webinar "Integrating Omics with other Technologies: A New Era in Dietary Assessment for Nutrition Research" on "Technology-based dietary assessment" See: https://www.nugo.org/wp-content/uploads/2025/01/NuGO-WEBINAR_SOME-flyer_2.pdf
- Presentation by **Desiree Lucassen**: Wednesday Feb 26th at 14:00 Desiree will be presenting at a lunchtime seminar of the Nutritional Epidemiology Group from the University of Leeds on "Applying Ecological Momentary Assessment methods for dietary assessment".
- Panellist at the FoodDrinkEurope event: on February 19th Edith Feskens spoke as a panellist at the Financial Times organized session during the FoodDrinkEurope event in Brussels. Please find the wrap-up post here.
- Prof. **Ciarán Forde**, was invited to present at the 12th International Conference on Nutrition and Growth in Athens <https://nutrition-growth.kenes.com/>. Prof. Forde contributed to the Nestle Nutrition Institute Symposium focused on "Toddler Foundations; Nurturing brain, body and behaviour". He spoke on the importance of early life texture experience and learning in the development of oral processing behaviours, and the synergistic relationship with the development of oral anatomy and physiology. Whereas oral anatomy develops with chronological age, eating behaviors are learned through texture experience. This highly adaptive process of learning is needed to refine and coordinate the skills needed to bite, chew, and safely swallow a diverse range of food textures during infancy and into toddlerhood.



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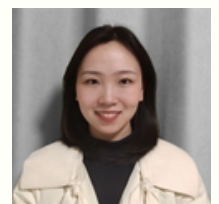
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HNH (PEOPLE) IN THE MEDIA - NEWS

- Sensory Science and Eating Behaviour Chairholder **Prof. Ciaran Forde** recently contributed to the BBC World-service podcast “The Food Chain” episode on the topic of “Crunch”.
- **Ellen Kampman** in Algemeen Dagblad (in Dutch): ‘Terwijl iedereen doordrongen is van het risico van roken, ligt dat bij bier heel anders’
- De voedingsrichtlijnen van 2030! In gesprek met dr. ir. **Anneleen Kuijsten**, luister hier de podcast over voeding met Anneleen. (in Dutch)
- Interview **Ellen Kampman**: Voedsel eten om kanker tegen te gaan: ‘1 glas melk per dag helpt’
- Podcast with **Renger Witkamp** (Dutch only): De zin en onzin van voedingssupplementen.
- On February 6th, **Judith de Vries - ten Have** successfully defended her PhD dissertation “Lifestyle Behaviour Change And Cancer-Related Fatigue Among Colorectal Cancer Survivors”
- On February 12th, the FITTER project was successfully launched during the first consortium meeting. Led by **Dieuwertje Kok**, the project involves 19 partners from healthcare, academia, NGOs, patient organizations, and industry. The aim is to study the role of dietary fiber in mitigating the adverse effects of cancer treatment.
- On February 27th, **Dan Liu** successfully defended her PhD thesis entitled “Untangling the interplay between food microstructure, mechanical properties, macrostructural breakdown and in vitro gastric protein digestion”
- On February 28th, **Esther Cruijssen** successfully defended her PhD thesis entitled; Habits for a healthy heart: Epidemiological studies on diet and lifestyle factors across diverse subgroups of patients with cardiovascular disease. Promotors: JM Geleijnse, FJL Visseren.
- Met deze voeding kun je je leven verlengen **Esther Cruijssen - Marianne Geleijnse**



HNH (PEOPLE) IN THE MEDIA - NEWS

- On January 9th **Rianne Slingerland-Boot** successfully defended her PhD thesis entitled: Quest for the best: safety and optimization of nutrition therapy during critical illness and convalescence.



NEW FACES - ROLE CHANGES IN THE DEPARTEMENT

Myrthe Remie - Nutritional Biology

Hi all! My name is Mirthe, I'm 24 years old and just graduated from the master Nutrition and Health. From March onwards, I will start as a research assistant within the PRECODE team. I'm excited to contribute to this interesting project and happy to stay in Wageningen for a while! In my spare time, I like to bake, explore nature and play boardgames with friends & family. Looking forward to meeting you!



Myrthe Remie

Rianne Jansen - Nutritional Biology

Hi everyone, I'm Rianne. I've completed my master's thesis at NB. After graduation, I became a teacher 'Nutrition and Health' at HAS Green Academy in Venlo/Den Bosch. I've applied for a 'NWO promotiebeurs voor leraren' with a proposal titled 'More than a gut feeling – investigating diabetes onset in the gut and the preventive role of vegetables', which has been approved! So I can start a joint PhD project with Jocelijn Meijerink, Renger Witkamp (WUR) and Herman Peppelenbos (HAS). I look forward to this very much!



Rianne Jansen

Femke Fleur Verstraete - Nutrition & Disease

Hi all! I am Femke Fleur Verstraete. After working for 1.5 year as research assistant for the COLON study and GEOLynch study, I started my PhD in January. I will be researching the diet-related consequences of obesity treatment and for this I will use data from the MONUCO study. I live in Amersfoort and in my spare time I like to bike, run, swim or bake. I am happy that I can stay at WUR and look forward to the coming years!



Femke Fleur Verstraete

Marta Appiani - Sensory Science and Eating Behaviour

Visiting PhD student in Food Systems (Italy)

Hi everyone! I'm Marta! Since February, I've been in Wageningen for the next five months as a visiting PhD student, working on my project about plant-based alternatives to animal products and the factors influencing their acceptance. I'm thrilled to be part of the vibrant WUR community, and I'm confident this experience will help me grow both professionally and personally. I'm also excited to explore the Netherlands and meet people from all around the world. Can't wait to meet you all!



Marta Appiani

Andrea Redolfi - Sensory Science and Eating Behaviour

Hello, I'm Andrea, a Master's Exchange Student currently conducting my thesis in the Chair Group of Sensory Science and Eating Behaviour under the supervision of Dr Paul Smeets and Xinhang Li. I'm now pursuing a master's degree in Human Nutrition and Health at the University of Milan. Since I was a child I enjoy playing tennis, running and skiing in my free time. I also love cooking, which is one of the reasons that sparked my interest in the field of nutrition.



Andrea Redolfi

Milena Banic - Nutrition, Metabolism and Genomics

Milena has started a two-year postdoctoral position on the PRECINUT study.



Milena Banic

Marc Tol - Nutrition, Metabolism and Genomics

Marc has joined as an Assistant Professor specializing in Lipid Metabolism.



Marc Tol

CALENDER - UPCOMING EVENTS - PHD DEFENSE

MARCH

- 03-03 09.15 MMM Program Manager Diversity and Inclusion presentation Helix 1038 afterwards coffee pantry Helix
- 03-03 [Join the scientific webinar](#) of Professor **Ellen Kampman** on Nutrition & Cancer: from prevention- through treatment - to prognosis.
- 10-03 09.00 Research MMM 1038 Helix
- 17 ~ 10 09.00 Education MMM 1038 Helix
13.00 St. Patricks lunch - kitchen ground floor
- 31-03 09.30 MMM coffee - Pantry bridge Helix - Impulse

APRIL

- 24-04 The first Dutch Nutritional Immunology Conference (DNIC) will be organized in Wageningen on April 24th. Registration is still open at <https://dnic.sites.uu.nl/registration/>.

MAY

- 05 ~ 09 Helix closed due to maintenance work on the permanent solution of the power situation

JUNE

- 04-06 [Levenslange vitaliteit: van onderzoek naar realiteit](#), Dagvoorzitter: dr. ir. **Pol Grootswagers**
- 06 & 07 [ILSI: Nutrition for the Ageing Brain symposium, Crete \(Greece\)](#)
- 20-06 Sports conference Arnhem
- 26-06 HNH Barbecue

OCTOBER

- 09-10 HNH Division Day

ANNOUNCEMENTS - HIGHLIGHTS

Don't forget to pick up your mail from the mailboxes on the 1st floor of Helix near the secretariat!



Approval from the REC for our survey 'Menstruation and More' to be sent out to women between 16 and roughly 50 years old.

On March 6th, **Lyda de Jong** will begin her well-deserved retirement. After years of dedication and hard work, we wish her all the best in this new chapter of her life.



March 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
3 09.15 MMM inclusiviteit 09.45 coffee pantry Helix Scientific webinar: Ellen Kampman Nutrition & Cancer	4	5	6	7	8	9
10 09.00 Research MMM 1038 Helix	11	12	13	14	15	16
17 09.00 Education MMM 1038 Helix 13.00 St. Patricks lunch kitchen ground floor	18 St. Patrick's Day	19	20	21	22	23
24	25	26	27	28	29	30
31 09.30 MMM coffee Pantry bridge Helix - Impulse						

