PhD candidate guidance, find your way

Who can help, guide, support or advise you?

- **Supervisor(s)**
  - First contactpoint

- **Graduate School PhD advisor**
  - PhD specific issues

- **Occupational Social Work**
  - Issues at work or related at work (like work/life balance, personal problems, illness, working conditions or relationships, ...)

- **Confidential counsellor**
  - Research integrity
  - Undesirable behavior

- **HR**
  - Your employment contract or legal position
  - Legal advice on issues at work or related to work
  - Labour disputes

- **Ombudsperson**
  - Low-threshold advice
  - Independent and impartial position
  - Focuses on trends and patterns regarding social safety
  - Provides solicited and unsolicited advice on structural issues and malpractices in the work and study environment, in policy and measures
  - May commission an investigation when there is a pattern of complaints and suspected structural problems

Where can you find coaching and training?

- **Graduate schools**
- **HR**
- **Gezondeboel**