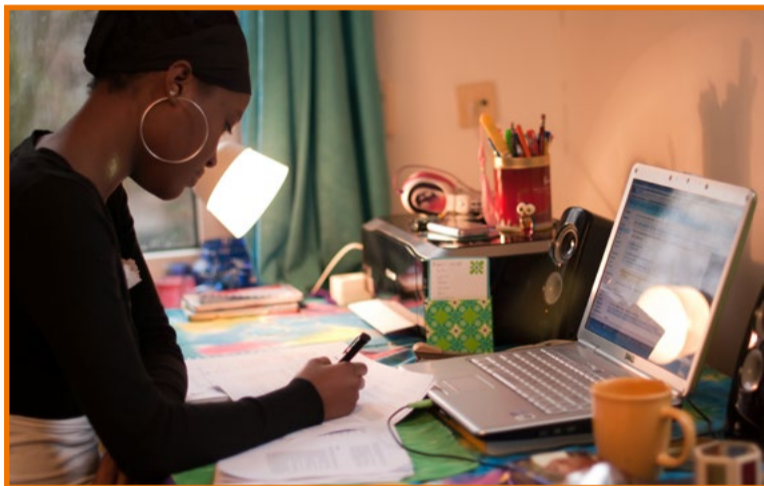


Where to go for help?

Dear student,

Studylife can be challenging and sometimes students encounter problems. If you run into a problem: ask for help! Together we will find a solution.

Here are some general tips. It helps to talk about your problem and you will be surprised by how many people have the same issues or a willing to give a helping hand. If you need professional advice or counseling, below we have listed the people you can turn to.



Study issues?
Talk to your
study advisor



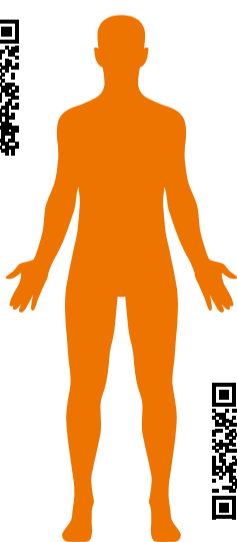
Financial problems & study delay

- **Student dean**
studentdean@wur.nl

Harrasment or complaints

- **Confidential adviser**
vpstudent@wur.nl

STRESSED WORRY DEPRESSED
AFRAID SLEEPING BAD



Mental complaints

- **Student psychologist**
studentpsychologists@wur.nl
- **General practitioner**
(e.g. student medical center
0317 466600)

Physical complaints

- **Prevent RSI (CANS) & stay fit**
see website WURLife in times of
corona: www.wur.eu/wurlifecorona
- **Physiotherapist of Sports**
Centre de Bongerd
www.wur.eu/sports



Check our website
for more information



Check our website for corona updates
www.wur.eu