Dear student,

We have gathered the most common problems students encounter in times of Corona and what you can do about it. If you run into a problem: ask for help! Together we will find a solution.

Here are some general tips. Try to share your situation with a friend, roommate or family member. Often, it helps to talk about your problem and you will be surprised by how many people have the same issues or are willing to give a helping hand. If you need professional advice or counselling, below we have listed some important organisations that provide help to students.

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**Study issues?**
Talk to your study advisor

**Mental complaints**
- Student psychologist (only for WUR students)
  studentpsychologists@wur.nl
- General practitioner
  (e.g. student medical center 0317 466600)

**Physical complaints**
- Prevent RSI (CANS) & stay fit
  see website WURlife in times of corona:
  www.wur.eu/wurlifecorona
- Fever, coughing etc. call a general practitioner
  (e.g. student medical center 0317 466600)

**Social initiatives**
- Startpunt and students
- Coronahulp Wageningen
  www.welsaam.nl/corona-aid-wageningen
- Talk to a chaplain
  www.spectrum-wageningen.com/contact

**Financial problems**
- Student dean
  studentdean@wur.nl (only for WUR students)
- If you are not able to pay your rent, contact your tenant
  - Idealis
    financien@idealis.nl
  - Heyday
    studentliving.wageningen@heydayfm.nl
  - Duwo
    0900-2353896

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Check our website for more information
www.wur.eu/wurlifecorona