

Fact Sheet

for Students

ACADEMIC YEAR 2020-2021



"Because the quality of the University is very high and the experience as a whole is incredibly unique"

(Quote from exchange student)

INCOMING TEAM WELCOMES YOU
to study and enjoy the Arctic!



MS VIRPI NURMELA
Advisor



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Advisor



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ACADEMIC YEAR 2020–2021

2020 AUTUMN SEMESTER 18.08.-12.12.2020

August 14 or August 17	Recommended arrival days with pick-up service provided by the university
August 18–21	Orientation programme for international students
December 6	Independence day, public holiday
December 18	End of the semester

2021 SPRING SEMESTER 11.01.-28.05.2021

January 11	Recommended arrival day with pick-up services provided by the university
January 12–15	Orientation programme for international students
March 8–12	Skiing holiday
April 2–5	Easter holiday
May 1	Labour day, public holiday
May 13	Ascension day, public holiday
May 28	End of the semester

There are no fixed examination periods.

The application periods are:

1 April – 15 May	for autumn semester or full academic year
1 September – 15 October	for spring semester

APPLICATION GUIDELINES FOR EXCHANGE STUDENTS

1. Apply for an exchange at your home university.
2. After a nomination from your university, we create a profile for you in SoleMOVE system.
3. You will receive an e-mail from SoleMOVE with instructions on how to apply to Ulapland.
4. Create your application in SoleMOVE. Enclose a proof of your English language proficiency, a Transcript of Records, a Learning Agreement and a motivation letter. Remember to send the application in the system.
5. You receive an e-mail with admission decision.

More info on applications at www.ulapland.fi/admissions -> exchange studies.

In your application please use one of the following EU Subject Area Codes:

EDUCATION	0110	Education
	0113	Teacher training without subject specialization
	0114	Teacher training with subject specialization
ART AND DESIGN	0210	Art Education, Audiovisual Media Culture, Fine Art
	0212	Design (Graphic, Industrial, Interior and Textile)

SOCIAL SCIENCES	0310	Social sciences
	0411	Accounting
	0313	Psychology
	0413	Management and Administration
	0414	Marketing and Advertising
	0312	Political Sciences
	0923	Social Work
	0314	Sociology and Cultural Studies
	1015	Tourism Research
LAW	0421	Law
	0319	Arctic Studies Programme
	0230	Languages

STUDYING IN ENGLISH AT ULAPLAND

Each faculty offers a wide selection courses taught in English See the current course offer from: www.ulapland.fi/EN/Admissions/Exchange-studies/Plan-your-exchange-studies.

Exchange students are free to follow their passions and choose courses from all other faculties, except for the Faculty of Art and Design.

Ulapland offers two international Masters' degree programmes (with English as the language of instruction):

- Northern Tourism
- Tourism, Culture and International Management (TourCIM)

On the top of that, there are several non-degree programmes in English:

- Arctic Studies Programme (30 ECTS) (autumn semester)
- China: Global and Arctic Trajectories (30 ECTS)
- Gender Studies (25 ECTS)
- Global Education (25 ECTS)
- Intercultural Communication (25 ECTS)
- Media Education (25 ECTS)

As an exchange student you can attend individual courses from these programmes and as a degree student you can complete one or more of them. Please note that currently there is no Bachelor's degree programme offered in English, only individual courses.

ENGLISH LANGUAGE REQUIREMENTS

The required level of English language proficiency:

- B2/ IELTS 6 / TOEFL iBT 80

You need to prove your English language skills with either your transcript of records, a letter from your home university or with an official language test (such as TOEFL iBT or IELTS Academic).

#STUDYINLAPLAND

What awaits me in Lapland after my arrival?

Where will I stay? And how will I get there?
How will I find my way around the University?

ARRIVAL PICK-UP SERVICE

August 14 or August 17 for Autumn Semester
January 11 for Spring Semester

STUDENT TUTOR

You will be assigned a fellow student, so-called tutor, who will help you with your first steps. Your tutor will contact you by email and / or Facebook before you arrive in Rovaniemi and together you will arrange a meeting that will take place upon arrival or immediately after!

He or she will:

- ✓ help you to find your flat and explain to you the basics of living at local student dormitories
- ✓ tell you how you can get from your flat to the university
- ✓ show you where the nearest grocery store is
- ✓ answer your questions about the University and student life in Rovaniemi
- ✓ and will represent, in the course of your studies at ULapland a person you can turn to if you e.g. run into some kind of problems and need advice from a local.

ACCOMMODATION

If you are an upcoming student of ULapland, a place at DAS is guaranteed for you – you just need to fill in and submit an online application. Check out more:

www.das.fi/en# -> Apply -> Information for Exchange Students.

The local student housing foundation, Domus Arctica (DAS), offers an off-campus accommodation to both Finnish and international students. There are shared apartments, studios, and family apartments. The monthly rents vary depending on the size, condition, and level of the furnishings of the room.

After being offered an apartment, you need to pay a refundable deposit in order to confirm the accommodation and to be able to receive the key to your apartment after you arrive.

Tenancy agreements are always periodic:

- Autumn semester: August 1st – December 31st
- Spring semester: January 1st – May 31st

Find out more about DAS at **www.das.fi**.

Regarding all housing issues, please contact DAS Office:

e-mail: **dasaspa@das.fi**

ORIENTATION PROGRAMME

Each semester starts with an Orientation Week for new international students. Our Orientation Week was voted n°1 worldwide in 2017 according to ISB (International Student Barometer) – come here and check out why! ;) Definitely do participate, it will make your start here way easier and even fun!

How do people in Finland study?

Should I prepare myself for a big shock?
(SPOILER: No, you'll be just fine.)

SYSTEM OF STUDY

The main difference between the Finnish system of study and study systems of some other countries is that individual courses vary in length and start and end at various times during the semester. Therefore, there is no fixed exam period at the end of the semester and exams are simply held after the course ends.

Also, some courses take place in the form of a book exam, which means that there are no lectures at all and the exam is based on an independent study of a set of books. Otherwise the Finnish system is fairly similar to other systems; a typical course consists of a series of lectures or seminars and you complete it either by sitting an exam or by writing an essay (or passing an assignment of another type). Courses for students in the Faculty of Art and Design consist mainly of seminars, workshops and studio work.

CREDIT SYSTEM

The University of Lapland has completely adopted to the ECTS system. The estimated work load for full time student in one academic year is 60 ECTS credits, meaning 30 ECTS credits per semester.

Credits are used to define the extent of a given course. Lectures, exercises, seminars and other forms of instruction (e.g. the writing of essays; lecture journals; preparation for examinations, etc.), as well as independent research, are all taken into consideration when the number of credits for each course is being calculated. Please note that a credit does not refer to the duration of a course, but to the estimated amount of work required. One credit refers to approximately 26–27 hours of work by the student.

WEBOODI – STUDENT INFORMATION SYSTEM

In WebOodi (weboodi.ulapland.fi/lay) you can:

1. view the course offer and read course descriptions,
2. register for courses and exams, after arrival,
3. check the grades and numbers of credits you earned,
4. give feedback on courses,
5. and order an unofficial transcript of records to your e-mail (for the official one you need to go to the Internationalization Services).

“As a student at ULapland you are much more than just a ‘student number’. Never before did I enjoy my studies so much, teachers encouraged us to actively participate and made it clear that everyone’s input is valued and appreciated”

(Quote from exchange student)

How about my budget?

Am I subject to any fees? If so, which ones?

And how much will I pay to keep myself warm and well-fed?

TUITION FEES

- Exchange students: no tuition fees
- Master's degree student: tuition fees compulsory only for non-EU/non-EAA citizens
- Doctoral students: no tuition fees

STUDENT UNION MEMBERSHIP FEE

Membership fee EUR 110 in 2020-2021 for the whole year

• Master's degree students: membership compulsory

Benefits:

- subsidized meals in campus restaurants
- Student Health Care Service (YTHS)
- possibility of obtaining Student Sport Pass
- discounts on train and long-distance bus tickets
- discounts at youth hostels, in museums and theaters, at concerts, swimming pools, ski resorts, some restaurants

• Exchange students: membership voluntary

Benefits:

- subsidized meals in campus restaurants
- Student Health Care Service (YTHS)
- possibility of obtaining Student Sport Pass
- discounts on train and long-distance bus tickets
- discounts at youth hostels, in museums and theaters, at concerts, swimming pools, ski resorts, some restaurants

• Doctoral students: membership voluntary

Benefits:

- possibility to use counseling services and services provided by Student Union

LIVING COSTS

Check the living costs from: www.numbeo.com.

Estimated living expenses:

Undergraduates (BA, MA): EUR 560-930/month

Doctoral students: EUR 1200-1500/month (they are not entitled to the same benefits as BA and MA students)

Estimated undergraduate's monthly budget:

Rent

DAS Housing

shared room in a shared flat appr.	EUR 150-153
single room in a shared flat appr.	EUR 236-328
studio (own apartment) appr.	EUR 282-474

Private Market

studio appr.	EUR 500
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Other expenses

Food	EUR 250
Transportation	EUR 30
Leisure, other expenses	EUR 130

Total

EUR 560-930

Please note that part-time job opportunities in Lapland and (Quote from exchange students) in Finland in general are scarce, except for the high tourist season around Christmas when several safari companies hire students as guides.

How do I enter Finland?

What things do I need to organize prior to / after my arrival?

Other information could be found also here:

www.infofinland.fi/en/frontpage

THE RESIDENCE PERMIT, REGISTERING THE RESIDENCE AND PERSONAL IDENTITY CODE

Please see detailed information and links in the welcoming letter

1. Nordic countries: Register your stay and apply for a Personal Identity Code (PIC) at the Digital and Population Data Services Agency (the Finnish Digital Agency - FDA)
2. EU/EAA citizens that will stay in Finland for less than 3 months non-stop: Register your stay and apply for a PIC at the FDA (applies to you also if you visit another country during your stay so that your non-stop stay doesn't exceed 3 months)
3. EU/EAA citizens that will stay longer than 3 months non-stop: Register your right to reside in Finland at the MIGRI and you can apply for the Finnish Personal Identity Code with their registration application
4. Non-EU/non-EAA citizens: Apply for a residence permit prior to your arrival in Finland by filling in the residence permit application. Please, tick the box for acquiring Population Registration and Finnish PIC. In case you forgot to do so, you can apply for it after your arrival at the Local Register Office (Maistraatti). For detailed and up-to-date information please see Finnish Immigration Internet Service: www.migri.fi/studying_in_finland.

Once you have your PIC, you need to inform our Student Services (this is to be done in person) and it will be uploaded into the University Student Register.

MANDATORY INSURANCE

- All international students need insurance that is valid throughout their stay at the University. Insurance must cover medical care and personal injury, and should also contain liability coverage for loss or damage. Proof of a valid insurance coverage is required upon registration at the University of Lapland.
- If you come from a EU/EEA country, you are entitled to necessary medical services from the public healthcare system and from the Finnish Social Insurance Institution (KELA). You only need to obtain a European Health Insurance Card from the local authorities before leaving your home country and to have it with you at all times. Please note, however, that this card covers only emergency treatment and that obtaining an additional insurance coverage is strongly recommended. A good option is the **Aon Student Insurance** or the **Student Insurance Program (SIP)** provided by Marsh.

"I was lucky to spend a semester in Lapland - it is the best. I really liked the style of teaching at ULapland, met many new friends, improved my English skills and even started to study Finnish!"

(Quote from exchange student)