More and better study guidance

Goal: More and better study guidance by strengthening and filling the gaps in the existing support infrastructure for students.

Approach: Expanding the capacity of student psychologists.

Planned result: Hire a coordinator (0.4fte) to organise the coping with stress campaign (1) and at least 4 extra activities (4). The campaign and extra activities result in a total of 5 activities executed by the psychologist.

Realised result: New coordinator started. Three event is realised: chair massages for students and two workshops yoga workshops. Most of the funding will be used for the Surf Your Stress Week in November.

Expected realisation end 2022: Project will be realised and the funding fully used.

Goal: Students learn to cope with stress better.

Approach: Students participate in the events to learn to cope with stress better.

Planned result: Hire a coordinator (0.4fte) to organise the coping with stress campaign (1) and at least 4 extra activities (4). The campaign and extra activities result in a total of 5 activities executed by the psychologist.

Realised result: New coordinator started. Three event is realised: chair massages for students and two workshops yoga workshops. Most of the funding will be used for the Surf Your Stress Week in November.

Expected realisation end 2022: Project will be realised and the funding fully used.

Goal: Students receive more and better support from study advisors.

Approach: More capacity (fte) study advisors, to decrease the number of students consulting each study advisor.

Planned result: Hire 4.7 fte extra study advisors.

Realised result: 5.7 fte extra study advisors are hired.

Expected realisation end 2022: Project will be realised and the funding fully used.

Goal: Reduce the waiting times for students.

Approach: Expanding the capacity of student psychologists.

Planned result: Hire 2.4 fte extra student psychologists.

Realised result: Extra 1.6 fte student psychologist hired. 0.4 fte flexible psychologists are hired for peak periods and 0.4 fte support staff for psychologists to unburden them from administrative tasks so they have more time for students.

Expected realisation end 2022: Project will be realised and the funding fully used.
**Goal:** Students build a stronger support network among students.
**Approach:** Increasing bottom-up student guidance initiatives open for all students.
**Planned result:** Fund 12 student initiatives.
**Realised result:** 34 smaller student initiatives are being realised by student organisations. Summer activities were organised for international students.
**Expected realisation end 2022:** Project will be realised and the funding fully used.

**Goal:** Lecturers feel better equipped to recognise and deal with student issues.
**Approach:** Develop and offer additional training for teaching staff and study advisors.
**Planned result:** Offer at least 2 training sessions to staff.
**Realised result:** 3 presentations have been given with a total of 91 attendants (teaching staff). There have been 10 consults with teaching staff.
**Expected realisation end 2022:** Project will be realised and the funding fully used.