

Inspiration for self-reflection

Videos/TEDx

Simon Sinek

Leadership skills and empathy: <https://www.youtube.com/watch?v=7omzHOftM0M>

Discover your Why. The golden circle: <https://www.youtube.com/watch?v=mM-T7kp7A1M>

Daniel Ofman

Core Qualities and the Core Quadrant: <https://www.youtube.com/watch?v=gFxr8GBiEol>

Carol Dweck

Growth Mindset (longer version): <https://www.youtube.com/watch?v=hiiEeMN7vbQ>

Fixed Mindset versus Growth Mindset (visual expl.): https://www.youtube.com/watch?v=KUWn_TJTrnU

Susan Cain

The power of introverts: <https://www.youtube.com/watch?v=c0KYU2j0TM4>

The power of introverts (visual explanation): <https://www.youtube.com/watch?v=o1Y4Z0oh1GE>

Caroline Dowd-Higgins

Reinventing Careers: <https://www.youtube.com/watch?v=1LL5Hid2opk>

Books

Brené Brown	<i>The gifts of imperfection</i>
Carol S. Dweck	<i>Mindset – The new psychology to success</i>
Daniel Ofman	<i>Core qualities (Dutch version: Hé, ik daar...?!)</i>
Don Clifton	<i>Strengthsfinder (Dutch version: Ontdek je sterke punten)</i>
Nancy Ancowitz	<i>Self-promotion for introverts. The quiet guide to getting ahead.</i>
Marianne Panneman	<i>Schrijf je loopbaan (only in Dutch)</i>
Susan Cain	<i>Quiet. The power of introverts in a world that can't stop talking.</i>