

PROGRAMME WURLYMPICS, 5-18 AUG, SPORTS CENTRE DE BONGERD

--Check www.wageningenur.nl/en/wurlympics for the most actual schedules--
 Sign up, from a week in advance, on the website <https://sporthalreservering.mendixcloud.com/index.html> (choose Sports Schedule)
 Sign up at the bar in de Bongerd during the WURLympics
 Join spontaneously
 SCB Sports Centre de Bongerd: ask for the exact location at the bar

DAILY	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00	22:30	23:00
	Spontaneously start a game of basketball, (beach)volleyball, football, tabletennis, knotsbal, squash, ...																					
	Watch Olympic games live in the poWURbar																					
											WURLympics menu in the poWURbar: sign up the day before											
FRI 5-aug	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00	22:30	23:00
bike studio	Indoor Biking (virtual)																					
SCB											Opening ceremony: 17:00 walk-in, 17:30 official opening, 17:45 capoeira show, 18:15 BYO barbecue, drinks and music											
SAT 6-aug	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00	22:30	23:00
bike studio	10:30 Indoor Biking (virtual)																					
SCB											Beach volleyball games (3x3)											
SUN 7-aug	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00	22:30	23:00
bike studio	10:30 Indoor Biking (virtual)																					
SCB											Beach volleyball games (2x2)											
MON 8-aug	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00	22:30	23:00
bike studio	Indoor Biking (virtual)																					
entrance SCB											Indoor Biking (virtual)											
sports hall 1											Bootcamp											
funXtion floor											Yoga											
TUE 9-aug	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00	22:30	23:00
bike studio	Indoor Biking (virtual)																					
sports hall 1	Steps Aerobic																					
fitness											Indoor Biking		Steps Aerobics									
fitness studio											Hammerstrength											
entrance SCB													Bootcamp		TRX		TRX					
SCB						Football games (11x11)																
SCB											Jeu des boules games (2x2)					Frisbee clinic						
athletics track											Indoor Biking											
WED 10-aug	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00	22:30	23:00
bike studio	Indoor Biking (virtual)																					
funXtion floor	FunXtion																					
sports hall 1											Capoeira workshop					Steps Aerobic						
SCB						Knotsbal' games (4x4)																
THU 11-aug	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00	22:30	23:00
bike studio	Indoor Biking (virtual)																					
entrance SCB	Bootcamp																					
sports hall 1	Hatha Yoga																					
sports hall 2											Body Sculpt		Steps Aerobic		Steps Aerobic							
athletics track											Steps Aerobic		Power Dumbbell Training									
fitness studio											Athletics heptathlon clinic		100m sprint games									
FRI 12-aug	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00	22:30	23:00
bike studio	Indoor Biking (virtual)																					
SCB											Indoor Biking (virtual)											
SAT 13-aug	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00	22:30	23:00
bike studio	10:30 Indoor Biking (virtual)																					
SCB											Beach volleyball games (3x3)											
SUN 14-aug	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00	22:30	23:00
bike studio	10:30 Indoor Biking (virtual)																					
SCB											Beach volleyball games (2x2)											
MON 15-aug	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00	22:30	23:00
bike studio	Indoor Biking (virtual)																					
entrance SCB											Indoor Biking (virtual)											
sports hall 1											Bootcamp											
funXtion floor											Yoga											
squash courts						Squash games (1x1)																
SCB						Handball games (7x7)					Bubble ball games (4x4)											
TUE 16-aug	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00	22:30	23:00
bike studio	Indoor Biking (virtual)																					
sports hall 1	Steps Aerobic																					
											Indoor Biking		Steps Aerobic		Zumba							

