

Online Master's programme

# Nutritional Epidemiology and Public Health

Are you curious about the role that nutrition and lifestyle play in the development or prevention of diseases? In this online master's you will be trained in epidemiological and intervention studies to find novel ways for preventing disease and promoting health.

This programme is based on studying the aetiology of diet-related diseases (from a biomedical perspective), the strategies for prevention in the community setting (from a behavioral and environmental perspective) and treatment in the curative setting (from a clinical perspective).



## What makes this master's unique?

- Study part-time and fully online
- Become an epidemiologist in observational and intervention studies to find novel ways of preventing disease and promoting health
- Study the aetiology of diet-related diseases and the strategies for prevention in the community setting



### *Want to get to know the university?*

Chat with our students, visit one of the (online) open days or join one of our students for a day. Look for all activities at [www.wur.eu/meetus](http://www.wur.eu/meetus)

## Study programme in numbers



**START**  
September



**NUMBER OF STUDENTS**  
20-30 students/year



**LANGUAGE**  
English



**STUDY LOAD**  
20 hours/week  
Fully online education



**APPLICATION DEADLINE**  
15 June



**ADMISSION REQUIREMENTS**  
[www.wur.eu/apply](http://www.wur.eu/apply)

## Programme

We will train you to become acquainted with the latest scientific methodologies. We have a fixed number and order of courses in our online master. When you choose this master you will specialise yourself through these courses.

Courses are focused on epidemiology, public health, nutritional physiology, statistics, nutrition and non-communicable diseases, and the assessment and evaluation of dietary intake and nutritional status.

This master's programme is completely online, except for a short stay in the Netherlands during the 'WUR week' (one week in the second year). You will then visit the campus to meet your fellow students and teachers and prepare for your MSc thesis.



*"The distance learning master's has taught me different aspects of critical and analytical thinking. It was set up in such a way that during the first two years you learn about how to conduct research. In the first year the research questions and statistical syntaxes were provided. In the second year the courses were focused on setting these questions yourself and analysing the data with syntaxes written by yourself. This inspired me to choose for even more complex statistical analyses during my internship. The distance learning part of this master has taught me to collaborate with people who have a different view on a topic and have different work schedules. As I enjoyed doing research, after my graduation I am doing a PhD in Epidemiology."*

MNH-DL student Ana Wenzler



## Studying in Wageningen

Be part of our international community of students who want to change the world. Together we can find solutions for problems like health and food security, water scarcity, climate change and other environmental and global issues. You are ensured personal guidance throughout your student career. Studying in Wageningen guarantees premium quality education and an international quality benchmark on your curriculum vitae.

[www.wur.eu/whywageningen](http://www.wur.eu/whywageningen)



## Structure of the study programme

The online master's is designed for part-time study to combine work and study in the context of life-long-learning. A course programme of 2 years will be followed by a master's thesis and an internship. Depending on the time you invest, you can finish in 3-4 years.

## Your future career

You can boost your career with the research skills you acquire during this programme. Alumni work in different organisations like universities, research institutes, public health services or companies that involve nutrition and health.

## Related programme

MSc Nutrition and Health

### THE UNIVERSITY IN NUMBERS



6,936

Master's students



108

Nationalities



66%

Dutch



34%

International



43%

Male



57%

Female

## More information

Visit [wur.eu/omnh](http://wur.eu/omnh)  
or mail to [bvg.mnh@wur.nl](mailto:bvg.mnh@wur.nl)

