



Spring Semester in Nutritional Sciences

A Program in Nutrition and Health Sciences,
taught in English (January 21st to May 14th, 2019)



Health



Food



Cooking



TEACHING KEY FEATURES

Translational Approach :

Studying the impact of Food on Human Health requires interactions between several scientific domains.

The program goes from farm products to food consumption and its long term consequences on Health including food processing and retailing.

Unique Environment :

- Culinary Platform and other research labs
- Experiential learning: mix of courses and practical applications
- Full time professors and international faculty from partner Universities in France and Europe
- A 10 acre campus close to Paris

Interdisciplinary approach :

Translational research approach dedicated to foreign students interested in understanding the specific relationship between the French and their food.

Available ECTS credits :

The program offers 32 ECTS credits + 2 ECTS credits (French as a Foreign Language course). Choose the number of credits required by your home institution (please note that at least 18 ECTS are compulsory). 2 EU credits are equivalent to 1 US credit.



ELIGIBILITY

Students in Agriculture or Food Sciences : junior, or Master degree students from an accredited institution.

Classes are taught in English.

Non native speakers need to show one of the following :

- 785 TOEIC or higher
- 543 TOEFEL ITP points (or 227 TOEFEL CBT and 72 TOEFEL IBT points)
- 5.5 IELTS or higher



TUITION AND FEES

Erasmus+ students

(enrolled in an Erasmus+ partner university): tuition fees waived.

Exchange students

(enrolled in a partner university/with a cooperation agreement): tuition fees waived.

Other students

3500€ tuition fees + 50€ non-refundable registration fees.



LIVING EXPENSES (in 2017-2018)

- Residence Hall: 493€/month for a single room – 270€/month for a shared room
- Campus fees: 100€/year (Erasmus and exchange students)
- Room insurance: 39€/year
- Health insurance (compulsory for non-UE students): 215€/year
- Student dining hall: 3,30€/meal (breakfast is free)
- Monthly bus pass: 8€/month



STUDY TRIP

- 4 days in a typical French terroir
- Discover local, artisan food production in its typical countryside setting
- 350 € (exchange and non-exchange students)



WHAT TO BRING

Lab coat, laptop, adaptor plug

2019 SCHEDULE

JANUARY		FEBRUARY		MARCH		APRIL		MAY			
1		1	★ French bread & pastries	1	★ Paris intl fair - 1 ECTS	1	★	1	★ Labor Day		
2		2	Exam Session	2		2	★ Global nutrition 2 ECTS	2	★ Introduction to nutrigenomics		
3		3		3		3			3		
4		4		4	★	4			4		
5		5	★ Introduction to human nutrition 2 ECTS	5	★ Epidemiology and nutrition 2 ECTS	5	Exam Session	5			
6		6		6			6		6	★ Value-based agrifood chains- 2 ECTS	
7		7		7			7		7		
8		8		8		8	★	8	★ Day off		
9		9		9		9	★ Applied molecular biology techniques 2 ECTS	9	★ Value-based agrifood chains		
10		10		10		10			10		
11		11	★	11	★	11			11		
12		12	★ Gut flora, nutrition, immunity & health 2 ECTS	12	★ Clinical studies for the food industry 2 ECTS	12		12			
13		13				13		13		13	★ Retake
14		14				14		14		14	★ Mandatory checkout day
15		15		15	★ Diet, nutrition ...epidemiology	15	★ Field trip 2 ECTS	15			
16		16		16		16			16		
17		17		17		17			17		
18		18	★ Diet, nutrition and chronic diseases 2 ECTS	18	★ French paradox, mediterranean diet, health benefits 2 ECTS	18		18			
19		19				19		19		19	
20		20				20		20		20	
21	★ Arrival on the campus	21	Exam Session	21		21		21			
22	★ Orientation day	22	Exam Session	22		22	★ Day off	22			
23	★ Cross cultural communication 1 ECTS - WM	23		23		23	★ Nutritional loss during food processing 2 ECTS	23			
24		24		24		24			24		
25		25	★	25	★	25			25		
26		26	★ French family cooking 2 ECTS	26	★ Health catering and food services 2 ECTS	26		26			
27		27				27		27		27	
28		28				28		28		28	
29	★ Introduction to french culture 1 ECTS	29		29		29	★ Introduction to nutrigenomics	29			
30		30		30		30			30		
31	★ French bread & pastries 1 ECTS	31		31		31			31		

■ General Courses
■ Nutritional Sciences Courses
■ National Holiday
■ Exam Session

■ WE

★ French as a Foreign Language (1.5h/week)



WHAT THEY THINK ABOUT THE PROGRAM

Alyson (Brescia University – Canada)

“This experience was unlike any other. I came to France excited to make new friends but I did not expect to be leaving with a new family. All together, we have not only witnessed each other grow as individuals but have fostered that growth in our own way. These people, these moments – I will never forget.”



Bregje (Wageningen University – Netherlands)

“This spring semester has allowed me to enhance and broaden my knowledge about French culture, and its relation to nutrition in a global perspective.”



STUDENT LIFE

French Buddy :

Each international student is welcomed by a French student

Social events organized by French students :

- Gala
- Talent's showcase evening
- Ovalies (charity rugby tournament)

Social events organized by the International Department :

- Team building day
- Touristic visits

More than 80 student organizations on campus

Study in France

The “Grandes Ecoles” are unique to France. They were created in the late 18th century in order to offer outstanding scientific education to the country’s future engineers. UniLaSalle, founded in 1854, belongs to this tradition. Studying on our campus will not only give you access to excellence in education; you will also have the opportunity to live in the country that invented “savoir-vivre”, the art of living well. The Picardy region, home of UniLaSalle, is well known for its beautiful villages and its inspiring gothic cathedrals. No wonder France is the most visited country in the world. Did you know that? Known for its gastronomy, wines and cheeses, the vast French territory offers an amazing geographical diversity. You will meet people who are proud of their cultural heritage, their lovely countryside, and their quiet towns and fine restaurants.



International relations



UniLaSalle

campus de Beauvais

19, rue Pierre Waguet

BP 30313

60026 Beauvais Cedex

France

Contact

@ incoming@unilasalle.fr

Application forms are available on our website :

<http://international.unilasalle.fr>



ADMISSIONS

Apply before October 15, 2018

DISCOVER FRANCE WHILE EARNING COLLEGE CREDITS



We are looking forward to welcoming you on our campus!

Beauvais is located in northern France, 50 miles to the north of Paris.

Trains to Paris depart every hour. Beauvais is an ideal base for exploring Europe. From Paris Beauvais international airport (5 minutes from the UniLaSalle campus), low cost companies offers regular flights to exciting destinations such as: Italy, Spain, Great Britain, Ireland, Sweden, Portugal, Poland or the Czech Republic...



More information about the programs

www.unilasalle.fr

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