

Use this checklist to take responsibility to avoid a lockdown on WUR locations. Of course you work from home as much as possible and do twice a week of self-test. If not, make sure to check this form every time you come to a WUR location.



If you come to a WUR location



Were you in close contact with a COVID-19 patient in the past 10 days, or did you receive a notification from the CoronaMelder app?

↓NO/YES→

Stay at home for 10 days*

If you develop **mild symptoms²** or **serious symptoms³** during this period, get **tested¹**.



Do you have **mild symptoms²** or **serious symptoms³**?

↓NO/YES→

Stay at home*

Get **tested¹** if you have **mild symptoms²** or **serious symptoms³**. In critical situations, call your doctor or the GP post ("huisartsenpost").



Do you have a housemate with **serious symptoms³**?

↓NO/YES→

Stay at home*

If the test shows that your housemate has COVID-19, stay at home and follow the GGD advice.



Are you part of a **risk group⁴** and don't you want to come to WUR locations?

↓NO/YES→

Stay at home*

Talk to your manager about what to do. Do you need more help? Please contact your HR advisor.



Are you traveling to the Netherlands from a country with color code orange or red?

↓NO/YES→

Stay at home for 10 days*

You can get **tested¹** after 5 days, even without complaints. If you don't have COVID-19, you can get out of quarantine.



Do you have a housemate with only **mild symptoms²**, but no symptoms yourself?

↓NO/YES↓

Students and staff can order self-tests at zelftestonderwijs.nl. Self-tests can be ordered up to and including July 31.

① **Immunity:** At least 14 days after second AstraZeneca, BioNTech/Pfizer or Moderna vaccination; or first Janssen vaccination; or a vaccine mentioned above after corona infection. Quarantine is then unnecessary after contact with an infected person (except contact with an infected housemate, see step 3), but have yourself tested in case of symptoms.

* **Inform your manager:** Make agreements about working at home or replacement on location. Inform your direct colleagues that you can be reached online.

① **Testing:** Get free and voluntarily testing via the GGD (PCR test). Call 0800-1202, +31-850659063, or book an appointment online (DigiD required) at coronatest.nl/en. If the test shows that you have COVID-19, stay at home and follow the GGD advice.

You can shorten the quarantine with testing. Get tested immediately and also on day 5 after the last contact with this person. Are both tests negative? Then you can end quarantine and back to a WUR location.

② **Mild symptoms:** a stuffy or runny nose, sneezing, a sore throat, a mild cough, a sudden loss of smell or taste.

③ **Serious symptoms:** In addition to mild symptoms, you also suffer from shortness of breath and/or fever (38°C or higher).

④ **Risk groups:** See RIVM.nl/en for the risk groups. WUR also counts informal caregivers for the mentioned risk groups among the risk groups.

For complete information and current rules, visit [_](#) and government.nl.

Rules for working at WUR locations

Stick to the WUR Corona Protocol: Find the most current protocol on the [WUR website](#). Do you see someone around you with symptoms or who does not comply with the protocol? Then address him or her kindly.



Wear mouth mask where required



Keep 1.5m distance



Follow indicated routes



Avoid crowds



Wash hands often



Sneeze and cough in elbow